



## FAQ'S ABOUT ALLERGUARD ANTI ALLERGY BEDDING.

**Q:** Why should I buy AllerGuard?

**A:** There is a huge variety in the quality of anti allergy bedding brands. Some are not effective at all. Choose a brand that has been scientifically proven to reduce symptoms caused by dust mite allergy, and scientifically proven to drastically reduce level of dust mites in the bed – i.e. AllerGuard.

Also make sure to choose a brand with a pore size less than 4 micron (not many brands have this). The AllerGuard material captures 99.5% of particles sized 0.4 micron (1 micron=1 millionth of a meter). The allergens from the house dust mite measure between 1 and 4 micron.

**Q:** I think I am allergic to feather –is it safe to buy AllerGuard Goose down pillows / duvets?

**A:** People are not allergic to the feathers themselves – they are allergic to the dust on the feathers. The goose down used for the AllerGuard pillows and duvets has been specially treated to become hypoallergenic, and the AllerGuard material which surrounds the goose down is so tightly woven that it will ensure that no dust mite allergens will come through to the goose down. Besides that, it is recommended these days to use pillows and duvets with down/feather rather than with synthetic filling.

**Q:** My child does not have a dust mite allergy but has other allergies, is there any point in buying AllerGuard?

**A:** Yes. As well as drastically reducing symptoms of allergy and asthma (caused by allergy to the house dust mite) and drastically reducing medicine intake, AllerGuard also prevents other allergies from developing in children.

**Q:** When choosing anti allergy bedding, shouldn't I go for a natural material like cotton rather than a synthetic material like AllerGuard?

**A:** Cotton is generally not woven tightly enough to prevent against dust mites slipping through – and although AllerGuard is a synthetic material (made from nylon and polyester), it is very breathable and has very high moisture permeability plus it has high water absorption. Furthermore, the material is super light so you won't even feel that it is on the bed. Some allergy bedding is made of plastic or rubber which can be a

creative barrier against the dust mites, however it is not breathable and people find themselves sweating a lot when using these covers. The AllerGuard material has received the Oekotex certification which means it is tested for harmful substances.

**Q: Is it enough to just protect my mattress, do I have to protect my pillow and duvet as well?**

**A:** The mattress is the most important part of the bed to protect, as most of the dust mite allergens will be found here – mattresses provide dust mites with the warmth, humidity and food they need for ideal growth. However, your pillow and duvet will contain millions of dust mites too so we recommend protecting these too – especially in case of a severe dust mite allergy. Ideally you should protect all the beds in the house with allergen proof bedding, in particular if you have a child who is likely to use more than one bed in the house.

**Q: How do I wash my anti allergy bedding and how often?**

**A:** AllerGuard can be washed at 60 Degrees Celsius and can be tumble dried too – this goes for our goose down pillows and duvets too. We recommend washing the protective covers up to 4 times a year and our pillows and duvets up to twice a year.

**Q: Since you are based in the UK, why has AllerGuard not got the Seal of Approval from the British Allergy Association?**

**A:** AllerGuard is working closely with the Danish Asthma Association who uses very strict testing on allergy products, furthermore our partner in Australia (AllerLux) have received the 'Sensitive Choice' certification from the Australian Asthma and Allergy Association.

**Q: How do I know if I have a dust mite allergy?**

**A:** We recommend getting tested for dust mite allergy, either a blood test (most reliable) or a skin prick test. We endorse a clinic in North London called Viveka – for testing children, we recommend Adam Fox: Consultant Paediatric Allergist – he is based at St Thomas' Hospital, Portland Hospital, Great Ormond Street Hospital and Viveka.

**Q: AllerGuard offers a 10 year Guarantee, can I change it if 'it doesn't work' or if I change my mind?**

**A:** No - we know that AllerGuard works for people with dust mite allergy – AllerGuard has been scientifically proven to drastically reduce symptoms of asthma and eczema, and can reduce medicine intake too. If you are in doubt if you have a dust mite allergy, we recommend getting tested. Once the packaging is open, we do not exchange the product. If unsure of the size/dimensions of your bed, please measure your bed first and feel free to contact us before ordering. If we do not stock your size, we can custom make any of our products – simply contact us for a quote.

**Q: Is the material always the same colour?**

**A:** Yes

**Q: Can it be dyed various colors / white?**

**A:** That would involve using bleach and then the product would no longer pass the Oekotex certification process (which is very strict in terms of harmful substances used). But don't forget the hotel guest would not see the products as they would be underneath the ordinary cotton bedding (sheets/pillow cover etc)

**Q: If colored liquid was spilt on the fabric would it stain?**

**A:** In terms of staining, the material should be treated like any other bedding – it should be washed at 60 degrees straight away and the coloured liquid will come out.

**Q: Is the product susceptible to leaving water marks after being wet?**

**A:** If any, these would disappear as soon as the products are washed. If there is a small stain, simply rub it with a damp cloth and let it dry naturally and then there is no need to wash the products in the washing machine.